

Welcome to Mehiläinen Working Life Services!



You and your coworkers are your company's most important asset. This is why we at Mehiläinen Working Life Services want to take care of you by offering comprehensive and modern occupational health care and wellbeing services and the most advanced digital services in the industry.

Our experienced experts carry out their work in a customer-oriented manner, with high quality and continuously developing their competence. We Mehiläinen professionals have been on a lifelong mission since 1909.

We are delighted to begin cooperating with you!

We offer you comprehensive occupational health care services throughout Finland. In addition, you can use the OmaMehiläinen-service, where you can easily contact your own occupational health team regardless of time and place.

How do I get service as our occupational health customer?

From September 1, 2026, Mehiläinen's 24/7 booking channels are at your disposal:

- OmaMehiläinen [application](#) or online service oma.mehilainen.fi
- Online booking www.mehilainen.fi
- Telephone service callback service 010 414 0222 (local network rate/mobile call rate)

Where can I find my occupational health team and Mehiläinen location?

You can see your primary Mehiläinen branch and information on your occupational health team on the Occupational health -tab of the OmaMehiläinen service. You can turn to your own occupational health team in all matters related to your health and work ability. Your occupational health nurse will also help you if, for example, you are wondering how your current health care will continue in Mehiläinen.

Healthy people are happy employees. That is why we want to do our best to support your mental and physical well-being. We are here for you.

A warm welcome as a customer of Mehiläinen!

OmaMehiläinen online service is your easy access to services

You can easily download OmaMehiläinen on your phone from the app store. You can also visit OmaMehiläinen using a web browser at oma.mehilainen.fi

In OmaMehiläinen, you will find, for example:

- The Digital Clinic where our experts serve you 24/7
- The occupational health team appointed for your company and the locations included in the agreement
- The contact details of your occupational health team and the option to send them a message
- Your appointment history and health information
- A comprehensive video library that supports your mental well-being and coping
- Useful Mobile benefits that support your health and well-being

Learn more about the service at:
mehilainen.fi/en/omamehilainen

