



# **Heltti's Price List 2026**

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*This Heltti service price list covers the most common fees charged by occupational health professionals, diagnostic services, and wellbeing and mental health services. Services may be added to or removed from the price list in line with developments in the healthcare sector. Heltti reserves the right to amend prices and services in accordance with its General Terms of Service.*

*The exact scope and content of services are defined in the service agreement entered into between the Client and Heltti, including its appendices and Heltti's General Terms of Service. Monthly invoicing is based on a fixed monthly fee, where applicable, as defined in the agreement and/or on the use of services invoiced on a performance basis.*

*The prices and other fees applicable to consultations, diagnostic services, and other services provided through Heltti's partners are determined in accordance with the partner's valid price list at the time of service. Further information is available at [laskutus@heltti.fi](mailto:laskutus@heltti.fi) or from your designated client team.*

# OCCUPATIONAL HEALTHCARE

## Occupational health professionals and specialists

Occupational health physician	249,00 € / hour
Occupational health nurse	135,00 € / hour
Occupational health psychologist	225,00 € / hour
Occupational health physiotherapist	139,00 € / hour
Nutrition therapist	189,00 € / hour
Work ability coordinator and expert in social services	180,00 € / hour

## Health checks and surveys

*Statutory health checks* are charged based on the time spent, according to each professional's hourly rate.

### Health survey

An annual health survey for all of the client's personnel and upon the start of a new employee. Summary reporting and feedback meetings for the surveys are charged separately.

31,00 € / sent  
survey

### Health check package

For example, health examinations for agreed age groups. Includes a laboratory package and a nurse's appointment.

270,00 € / package

## Mediation and conflict resolution

Investigation of inappropriate conduct and support for teams/units in conflict. Typically carried out by two instructors. Billed hourly based on workload.

### Group support in crisis situations

268,00 € /  
instructor

### Conflict resolution

268,00 € /  
instructor

## MEDICAL CARE

*Billed according to time used (e.g., doctor 30 min = €111.50)*

### Occupational health professionals and specialists

Occupational health physician / general practitioner	230,00 € / hour
Occupational health nurse	135,00 € / hour
Registered nurse	112,00 € / hour
Physiotherapist	119,00 € / hour

## MEDICAL CERTIFICATES AND STATEMENTS

Price includes the certificate. Time required for preparing the statement is billed separately.

<b>A-certificate</b>	0 € / each
<b>B-certificate</b>	115,00 € / each
<b>Other work-related medical certificates and statements</b>	62,00 € / each

## DIAGNOSTICS

Code	Abbreviation	Name	Price
1026	S-ALAT	Alanine Aminotransferase (Liver Function Test)	33,10 €
1028	S-Alb	Albumin (Liver Function Test)	33,10 €
1046	S-AFOS	Alkaline Phosphatase (Liver Function Test)	33,10 €
1078	S-Amyl	Amylase (Pancreas Function Test)	33,10 €
1128	S-ASAT	Aspartate Aminotransferase (Liver Function Test)	33,10 €
1142	S-B12-TC2	Vitamin B12, Active Form	69,60 €

4290	Ps-BaktVi	Bacterial Culture (Throat)	91,90 €
1185	S-Bil	Bilirubin (Liver Function Test)	33,10 €
3552	S-BorrAb Borrelia	Borrelia Antibodies (Borrelia Suspected)	110,30 €
1216	S-CRP	C-Reactive Protein (Inflammation Marker)	44,50 €
1220	S-D-25	Vitamin D	91,90 €
1395	S-Ferrit	Ferritin (Iron Deficiency Anemia Test)	37,00 €
1416	fS-Folaat	Folate	68,50 €
10374	B-PEth	Phosphatidylethanol (Substance Use Test)	195,80 €
9142	fP-GlukR0h	Glucose (Glucose Tolerance Test)	33,10 €
9143	fP-GlukR2h	Glucose (Glucose Tolerance Test)	33,10 €
1469	fS-Gluk	Glucose (Metabolic Test)	33,10 €
1489	S-GT	Gamma-Glutamyl Transferase (Liver Function Test)	33,10 €
6128	B-HbA1C	Hemoglobin A1C (Glucose Metabolism Test)	55,20 €
2001	S-K	Potassium (Electrolyte Test)	33,10 €
2019	S-Ca-Ion	Calcium, ionized (electrolyte test)	110,30 €
644	Bt-Kelia-S	Celiac Disease, Basic Screening (Celiac Test)	91,90 €
2143	S-Krea	Creatinine (Kidney Function Test)	33,10 €
2134	S-CK	Creatine Kinase (Muscle Damage Test)	33,10 €
3509	Sk-SienVi	Nail Fungus Culture	114,10 €
4614	B-Lakt-DNA	Lactose Intolerance (DNA Test)	91,90 €
2203	B-lasko	Erythrocyte Sedimentation Rate (Inflammation Marker)	33,10 €
2099	fS-Kol-LDL	LDL Cholesterol (Lipid Metabolism Test)	33,10 €
2367	S -MypnAb	Mycoplasma pneumoniae Antibodies	110,30 €
2382	S-Na	Sodium (Electrolyte Test)	33,10 €
2245	fS-LIPIDIT	Lipid Panel (Lipid Metabolism Test)	91,90 €
2474	B-PVK+T	Complete Blood Count and Platelets	55,20 €
3642	S-PSA	Prostate-Specific Antigen (Prostate Test)	55,20 €
3550	S-RF	Rheumatoid Factor (Rheumatology Test)	45,90 €
4744	S-CCPAb	Anti-Cyclic Citrullinated Peptide Antibodies (Rheumatology Test)	91,90 €
2703	Ps-StrVi	Streptococcus Culture (Throat)	81,80 €
4606	fS-TrFeSat	Transferrin Saturation (Iron Deficiency Anemia Test)	37,00 €
4531	P-Tnl	Troponin I (Cardiac Muscle Damage Test)	82,60 €
4028	S-TPOAb	Thyroid Peroxidase Antibodies	46,20 €
2832	S-TSH	Thyroid Stimulating Hormone (Thyroid Test)	82,30 €
2836	S-T4V	Free Thyroxine (Thyroid Test)	73,70 €
3696	B-TVK	Complete Blood Count	64,50 €

2884	S-Uraat	Uric Acid (Gout Test)	33,10 €
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Code	Abbreviation	Name	Price
4511	U-AlbKre	Albumin/Creatinine Ratio (Urine Test)	46,00 €
1155	U-BaktVi	Bacterial Culture (Urine)	46,00 €
1881	U-KemSeul	Chemical Screening (Urine)	46,00 €
1940	U-Solut	Particle Count (Urine)	164,90 €

Code	Abbreviation	Name	Price
3813	F-BaktVIP	Bacteria, Culture and Nucleic Acid (Stool Test)	114,10 €
6455	F-hHb	Ulosteen veri (ulostetutkimus)	91,90 €
6375	F-Para-NhO	Parasites (Stool Test)	263,50 €
2608	F-SalmVi	Salmonella (Stool Test)	37,00 €
3952	F-HepyAg	H. Pylori Antigen (Stool Test)	133,60 €
2455	F-Calpro	Calprotectin (Stool Test)	154,00 €

Code	Abbreviation	Name	Price
1881	U-KemSeul	Chemical Screening (Rapid Test)	39,30 €
4594	S-CRPp	CRP (Rapid Test)	55,10 €
3635	Ps-StrAAg	Streptococcus Detection from Throat (Rapid Test)	59,70 €
1471	P-Glukp	Blood Glucose (Rapid Test)	39,30 €

Code	Abbreviation	Name	Price
1270	Spirometry	Pulmonary Function Test (Clinical Physiological Test)	125,70 €
1279	Spirometria, bronk.	Keuhkojen toimintakoe bronkodilataatiolla (kliinifysiologinen tutkimus)	154,00 €
2682	Audiometry	Hearing Screening Test (Clinical Physiological Test)	94,30 €
	EKG	Electrocardiogram (Clinical Physiological Test)	94,30 €

## VACCINATIONS

Prices apply to vaccinations administered at Heltti's clinics. The vaccination price includes the nurse's administration fee and the vaccine itself. Time spent on preparing a possible vaccination plan is billed separately.

Tetanus / Diphtheria	72,00 € / vaccine
Tetanus / Diphtheria / Pertussis (Tdap)	72,00 € / vaccine
MMR (Measles, Mumps, Rubella)	90,00 € / vaccine
Polio	88,00 € / vaccine
Influenza Vaccine	48,00 € / vaccine
TBE Vaccine (Tick-Borne Encephalitis)	84,00 € / vaccine
Hepatitis A	134,00 € / vaccine
Hepatitis B	131,00 € / vaccine
Hepatitis A and B	131,00 € / vaccine
HPV Vaccine (Human Papillomavirus)	344,00 € / vaccine
Japanese Encephalitis Vaccine	250,00 € / vaccine
Cholera Vaccine	106,00 € / vaccine
Yellow Fever Vaccine	136,00 € / vaccine
Typhoid Vaccine	96,00 € / vaccine
Meningococcal ACWY Vaccine	136,00 € / vaccine
Pneumococcal Vaccine	168,00 € / vaccine
Varicella Vaccine	162,00 € / vaccine
Rabies Vaccine	166,00 € / vaccine
Shingles Vaccine (Zostavax)	330,00 € / vaccine
Shingles Vaccine (Shingrix)	340,00 € / vaccine

## MENTAL HEALTH SERVICES

### Low-threshold mental health services

#### Mind Care (45 min)

Low-threshold mental health support session. The service includes 3–5 video sessions of 45 minutes each with a professional with a psychology or psychotherapy background. After each session, the participant receives a homework assignment to support work between sessions.

124,00 € / session

#### In-house psychologist (day)

Low-threshold targeted support ensures preventive assistance at the workplace. 7 appointments per day. Our in-house psychologist is trained in occupational or organizational psychology and works on-site

at the client's premises as agreed. Travel expenses are billed separately according to the agreement. 1 500,00 € / day

### **In-house psykologi (hour)**

Low-threshold targeted support ensures preventive assistance at the workplace. 7 appointments per day. Our in-house psychologist is trained in occupational or organizational psychology and works on-site at the client's premises as agreed. Travel expenses are billed separately according to the agreement. 225,00 € / hour

## **Therapy services**

**Short therapy (45 min)** 155,00 € / session

**Psychotherapy (45 min)** 186,00 € / session

**Family and couples therapy (90 min)** from 186,00 € / session

**Crisis or support session (60 min)** 225,00 € / hour

# **OTHER FEES AND CONDITIONS**

### **Kanta-fee**

The fee includes the e-prescription charge and applies to treatment events recorded in the Patient Data Repository (Kanta Archive). 3,95 € / event

**General fee** (applies only to performance-based agreements) 3,10 € / employee / month

### **Partner / Subcontractor billing**

Applies only to performance-based services specifically defined in the agreement and produced by a partner. 14,00 € / event

### **Invoicing fees**

Paper invoice 11,00 € / invoice

### **Data Transfer and Integrations**

Preparation of employee health data and other IT consulting 250,00 € / hour

Paper-based transfer of health data to another service provider, performed by a nurse 135,00 € / hour

Recording of paper-based external and self-reported sick leave certificates as a service

135,00 € / hour

### **Cancellation policies and missed appointment fees**

**Clinic Visits:** Reserved appointments can be canceled free of charge if the cancellation is made at least 24 hours before the scheduled time. Appointments canceled later or not canceled at all will be billed to the employer at the reserved service rate. Services reserved through partners will be billed according to the partner's cancellation policy.

**Other Meetings, Visits, and Trainings:** Agreed workplace visits, assessments, and negotiations can be canceled at least three (3) business days before the scheduled time. For lectures and other group services, the portion of work completed by the time of cancellation will be billed if canceled at least two weeks before the scheduled date. Later cancellations will be billed at the full agreed service rate.

### **Evening, weekend, and public holiday supplements**

For services produced by Heltti's partners, Heltti charges any applicable evening, weekend, and public holiday supplements according to the partner's current price list.

### **Validity and VAT**

This price list is valid from 1 January 2026 until further notice.

Prices do not include VAT unless otherwise stated in writing. According to the Finnish VAT Act, no VAT is applied to occupational health services considered as healthcare services. For parts of the services sold that include taxable services or products, VAT will be added. If a service sold is later deemed taxable, the seller has the right to charge VAT to the purchaser at the applicable rate in force at that time.